



Are you losing sleep?

**LOSS OF SLEEP
SHOULD NOT BE TAKEN LIGHTLY**

Sleep disorders, such as sleep apnea, can pose major health risks such as high blood pressure, stroke and heart problems. The Dr. Clarence G. Glenn Sleep Center at DMH can help assess sleep patterns, uncover potential disorders and offer treatment options to help.

Don't suffer another sleepless night.

Contact the Dr. Clarence G. Glenn Sleep Center at 217-876-3602.



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